# **Abrostep Syrup**

# Acebrophylline 50mg Syrup: Composition and Overview

#### Active Ingredient (Per 5 ml Syrup):

Acebrophylline: 50 mg

# What is Acebrophylline Syrup?

Acebrophylline is a bronchodilator and antiinflammatory medication used primarily to manage respiratory conditions such as asthma, chronic obstructive pulmonary disease (COPD), and bronchitis. This syrup formulation combines the benefits of two active mechanisms: bronchodilation and antiinflammatory action, helping to open up airways, ease breathing, and reduce inflammation in the respiratory tract. mucus in the airways, making it easier to expel and reducing coughing associated with congestion.

### How to Use

- Recommended Dose:
  - Adults: 5-10 ml of syrup (1-2 teaspoons) twice daily or as prescribed by a healthcare provider.
  - **Children (6-12 years)**: 5 ml of syrup twice a day, or as recommended by a doctor.
  - **Children (2-6 years)**: 2.5-5 ml of syrup once or twice a day, based on medical advice.
- Administration:

Take the syrup orally, preferably after meals, to reduce stomach irritation. Shake the bottle well before use.

# **Key Benefits**

#### 1. Bronchodilation

 Acebrophylline works by relaxing the muscles of the airways, leading to dilation of the bronchial tubes. This makes it easier to breathe, particularly in conditions like asthma and COPD where the airways are constricted.

#### 2. Anti-inflammatory Action

 Acebrophylline helps reduce inflammation in the airways, which is crucial in managing conditions like asthma and bronchitis. By reducing swelling and irritation in the lungs, it can help to decrease symptoms such as coughing, wheezing, and shortness of breath.

#### 3. Improved Respiratory Function

 By opening the airways and reducing inflammation, the syrup helps improve overall respiratory function, enabling patients to breathe more easily and reducing the frequency of exacerbations or flare-ups.

#### 4. Mucolytic Action

 Acebrophylline may also possess mild mucolytic effects, helping to thin and loosen

# Precautions

- Consult Your Doctor:
  - Before using the syrup, especially if you have a history of heart disease, high blood pressure, or kidney issues.
  - If you are pregnant or breastfeeding, consult a healthcare professional before using this medication.
- Do Not Exceed the Recommended Dose:
  - Follow the prescribed dosage to avoid potential side effects or complications.

# **Potential Side Effects**

- Common Side Effects:
  - Nausea, vomiting, or stomach upset.
  - $\circ$   $\;$  Mild dizziness or drowsiness.
- Rare but Serious Side Effects:
  - Allergic reactions (e.g., rash, itching, swelling of the face, lips, or throat).
  - Fast or irregular heartbeat.
- If any severe side effects occur, discontinue use and seek medical attention immediately.

#### **Drug Interactions**

- Caution with Other Respiratory Medications:
  - Inform your doctor if you are taking other bronchodilators or steroids as combining medications could enhance effects or cause side effects.
- Other Drugs:
  - Always inform your healthcare provider about other medications, including over-thecounter drugs and supplements, to avoid potential interactions.

#### Storage

- Store in a cool, dry place, away from direct sunlight.
- Keep the syrup tightly closed and out of reach of children.
- **Do not use after the expiration date** printed on the packaging.

**Disclaimer:** This product is a medicinal syrup intended to manage symptoms of respiratory conditions. Always consult your healthcare provider for personalized advice on its use and dosage. This syrup is not intended to treat underlying causes of respiratory disease but to manage symptoms.

Manufactured in India for:



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